



Effective with the August 2020 hiring process, Hampton Fire & Rescue will use the Candidate Physical Abilities Test (CPAT) an IAFC/IAFF approved validated functional based candidate physical ability test created for the fire service consisting of eight job task simulations and a time limit.

Candidates are advised to review the information provided at the following links to familiarize yourself with the CPAT:

[CPAT Program Background](#)

[Demonstration of CPAT's eight job task simulations](#)

[CPAT](#)

If you have questions regarding our hiring process, contact our recruiter, Scott Doggette at 757.727.1223; or via email at [Recruiter](#).

www.hampton.gov/fire

